

ENDOCRINE TESTING UNIT

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When you arrive at the ETU the endocrine registrar will discuss the test and have you sign the consent form. You will be required to be in the ETU for the duration of the test. The ETU nurse will weigh you then insert a cannula into a vein in your arm to enable blood samples to be collected throughout the day. Every hour you will be asked to pass a urine sample in a pan or bottle at the bedside and you will be weighed. Samples of your blood and urine will be sent to the pathology lab for testing. You will NOT be allowed to eat or drink anything throughout the test, even if you feel thirsty, as fluid intake will make it difficult to interpret the results and may prolong the test. The duration of the test will be dependent on the laboratory results which will be received every hour. Depending on the results you may also be required to have an injection of ADH to test how your kidneys respond. During this time you will be able to eat and drink moderately.

Once the test is completed the cannula will be removed and you may go home.

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